|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| S1/S2 **PE Dept** 2022-23 | | | | |  |  |  |
| w/b | block | **S1** |  | block | **S2** |  |  |
| 30-May-22 |  |  |  |  | Summer Games |  | Thu Fri **HOLIDAY** |
| 06-Jun-22 |  |  |  |  |  |  |  |
| 13-Jun-22 |  |  |  |  |  |  |  |
| 20-Jun-22 |  |  |  |  |  |  |  |
| 27-Jun-22 |  |  |  |  |  |  | Thu **END OF TERM** |
|  |  |  |  |  |  |  |  |
| 15-Aug-22 |  | Games Concepts |  |  | Games Concepts |  | Monday **INSET 1** |
| 22-Aug-22 |  |  |  |  |  |  |  |
| 29-Aug-22 |  |  |  |  |  |  |  |
| 05-Sep-22 |  |  |  |  |  |  |  |
| 12-Sep-22 |  |  |  |  |  |  |  |
| 19-Sep-22 |  |  |  |  |  |  |  |
| 26-Sep-22 |  |  |  |  |  |  |  |
| 03-Oct-22 |  |  |  |  |  |  | Fri **END OF TERM** |
|  |  |  |  |  |  |  |  |
| 24-Oct-22 |  | Aquatics |  |  | Fitness |  | Mon **START TERM** |
| 31-Oct-22 |  | Fitness |  |  | Aquatics |  |  |
| 07-Nov-22 |  |  |  |  |  |  | Thu Fri **INSET 2+3** |
| 14-Nov-22 |  |  |  |  |  |  |  |
| 21-Nov-22 |  |  |  |  |  |  |  |
| 28-Nov-22 |  |  |  |  |  |  |  |
| 05-Dec-22 |  |  |  |  |  |  |  |
| 12-Dec-22 |  | SCD |  |  | SCD |  |  |
| 19-Dec-22 |  |  |  |  |  |  | Thu **END OF TERM** |
|  |  |  |  |  |  |  |  |
| 09-Jan-23 |  | Aesthetics |  |  | Striking /Rebounding |  | Mon **START TERM** |
| 16-Jan-23 |  | Striking /Rebounding |  |  | Aesthetics |  |  |
| 23-Jan-23 |  |  |  |  |  |  |  |
| 30-Jan-23 |  |  |  |  |  |  |  |
| 06-Feb-23 |  |  |  |  |  |  | Fri 10th **HOLIDAY** |
| 13-Feb-23 |  |  |  |  |  |  | Mon **HOL** Tue **INSET 4** |
| 20-Feb-23 |  | X-Country |  |  | X Country |  |  |
| 27-Feb-23 |  |  |  |  |  |  |  |
| 06-Mar-23 |  | Revisit Games concepts |  |  | Revisit games concepts |  |  |
| 13-Mar-23 |  |  |  |  |  |  |  |
| 20-Mar-23 |  |  |  |  |  |  |  |
| 27-Mar-23 |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
| 17-Apr-23 |  | Athletics |  |  | Athletics |  | Mon **START TERM** |
| 24-Apr-23 |  |  |  |  |  |  |  |
| 01-May-23 |  |  |  |  |  |  | Mon **HOLIDAY** |
| 08-May-23 |  |  |  |  |  |  |  |
| 15-May-23 |  |  |  |  |  |  |
| 22-May-23 |  |  |  |  |  |  | Fri **INSET 5** |
| 29-May-23 |  |  |  |  |  |  | Mon **HOLIDAY** |
| 05-Jun-23 |  | Summer Games |  |  |  |  |  |
| 12-Jun-23 |  |  |  |  |  |  |
| 19-Jun-23 |  |  |  |  |  |  |  |
| 26-Jun-23 |  |  |  |  |  |  |  |

The activities for each block may be covered in any order. In each block there are two broad areas of work which may be broken down as below, this list is not final and will depend on the working areas available and the makeup of classes.

**Aesthetics** could be Gymnastics / Trampoline / Dance

**Aquatics** could be Swimming / Water polo / Synchronised Swimming

**Striking and Rebounding** could be Badminton / Volleyball / Table tennis / Cricket

**Fitness** could be Circuits / Use of the Fitness Suite / Boot Camp / Fitness testing

**Games Concepts** could be Rugby / Football / Lacrosse / Hockey / Basketball / Handball

**Summer Games** could be Frisbee / Rounders / Tennis