

LOCHEE WARD

# OPEN DOORS



Groups and services across Dundee are opening their doors this winter. Come along and try **new activities**, have **something to eat** or just **have a cup of tea** and a chat!

**DUNDEE**   
PARTNERSHIP

## Charleston Community Centre and Library

Craigowan Road, Dundee, DD2 4NL • Tel: 01382 436723

When?	What's happening?
Monday - Friday 10am-4pm Saturday 10am-1pm	Free hot drinks and biscuits in Library and centre. Board games & colouring available in Library hours
Tuesday 11am-1.30pm	Food for Thought food larder - £2 donation
Tuesday 11am-1pm	Taught by Muhammed Free Cafe
Wednesday 10am-2pm	Free activities & crafts, Soup and tea/ coffee
Friday 11am-1pm	Soup and a natter
Monday - Friday 9am-5pm	Programme of free or low cost activities and classes. Facebook- CharlestonCom centre Lmg

## The Friary Community Café and Larder

Tullidelph Road • Tel: 01382 660274

When?	What's happening?
Thursday	Café and Food Larder. Suggested donation of 50p for café and £2 for 10 items at the food larder

## Lochee Library

47 High Street, Lochee, Dundee, DD2 3AU • Tel: 01382 431835

When?	What's happening?
Monday 9am-7pm (closed 1-2pm) Tuesday and Friday 9am-5.30pm Wednesday 10am-5.30pm Saturday 9am-5pm	Access to computers, Wi-fi, newspapers and hot drinks for 50p Clothes rail also available

## St Ninians RC church

173 Dickson Avenue, Dundee, DD2 4DA • Tel: 01382 669966

When?	What's happening?
Thursday 12.30-2.30pm	Café serving soup and food for a donation (£1.50)

## St Marys RC Church

St Marys Church Hall, Grays Lane, Lochee, DD2 3AN • Tel: 01382 611282

When?	What's happening?
Saturday 12-2pm	Free cafe

### Lochee Community Hub

118 High Street, Lochee, Dundee, DD2 3BL • Tel: 01382 436704

When?	What's happening?
Monday- Friday 9am-2pm	Crisis support drop-in
Thursday 9am-2pm	Community Larder
Sunday @ Lochee Community Hub 1.30pm-3pm	Free drop-in, hot drinks, biscuits and activities

### Lochee Larder

5 Whorterbank, Lochee, Dundee, DD2 3AA • Tel: 01382 936191

When?	What's happening?
Monday, Wednesday and Friday 10.30am-2pm	Food larder, Café and support. Larder is a donation of £2 plus costs for meats
Tuesday and Friday 6-8pm	Cosy Space(all free)
Saturday 2-5pm	Cosy Space (all free)
Monday 26 <sup>th</sup> December 6.30pm-8pm, then normal programme over Xmas	Free Food

### Salvation Army

265 Thurso Crescent, Menzieshill, Dundee, DD2 4AU • Tel: 01382 630187

When?	What's happening?
Monday 12pm-2pm	Food bags
Thursdays 2pm-4pm	Free tea, Coffee and snacks
Friday 4.30pm- 6pm	Food bags and hot food

### Menzieshill Parish Church

Charleston Drive, Dundee, DD2 4BD • Tel: 01382 667446

When?	What's happening?
Wednesday 1-3pm	Free Connect Cafe

### Lochee Parish Church

Church Hall, Nicolls Lane, DD2 3HG • Tel: 01382 612549

When?	What's happening?
Tuesday 11am-12.30pm	Free food larder and drop-in cafe

## Street Soccer (Lynch Sport Centre)

Street Soccer Scotland, South Road, Dundee, DD2 4SR • Tel: 01382 250858

When?	What's happening?
Monday to Friday 10:30am – 3:30pm	Free hot drinks, Wifi, biscuits and snacks Access to laundry service and shower facilities Access to board game activities and conversation cafes
Tuesday and Thursday 1pm-3pm  Thursday 11am to 12pm Friday 10.30am-12.30pm	Adult football and activity drop in Age 16 to 60+ (Fun games, skills and drills) All ability and fitness levels Free
Tuesday 10.30am – 12.30pm	Women's only activity session, with tea/coffee before and after Age 16 to 60+ Free, all ability and fitness levels
Monday 7pm to 9pm  Tuesday 6.30-8.30pm	Andy's Man Club – Mental health Peer to Peer support group for Men only, aged 18+  Women's Wellbeing – Mental health Peer to Peer support group for women only, aged 18+

## Menzieshill Community Hub

260 Dickson Ave, Dundee, DD2 4TQ • Tel: 01382 432967

When?	What's happening?
Monday- Friday 10am-2pm	Low cost Community Café serving tea, coffee and a range of food.
Tuesday and Thursday 12pm-2.30pm	Food Larder at the community garden. Donation of £2
Monday- Friday 9am- 10pm	Programme of weekly activities and classes; facebook Menzieshill Community Hub - Local management group.
Monday- Friday 9am- 5.30pm (Closed for lunch 1-2pm and Thursdays until 1pm)	Free drop-in at Library with tea and coffee.